

Washington SOAR Process Orientation



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SAMHSA Substance Abuse and Mental Health Services Administration

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Introductions

- SOAR State Team Leads
- Local SOAR Leads
- SSA and DDS

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Local Lead Note: Introductions

SOAR Process Orientation Agenda

- Washington SOAR Process
- Steps to Completing an Application
- Medical Summary Report Refresher
- OAT and Outcomes
- Now What?



Washington SOAR Process Materials

- PowerPoint slide handouts
- Located on the SOARWorks Website
 - All SSA forms
 - SOAR Tools and Worksheets
 - MSR Interview Guide and Template
 - Sample Medical Summary Reports
 - Sample Application Packet
- Washington SOAR Process



Identifying Adults for SOAR Assistance

- Familiarize yourself with the key SSI/SSDI eligibility criteria outlined in the SOAR tools listed below
 - Use these tools to identify adults who most need your assistance
- Do not discourage anyone from applying for SSI/SSDI benefits
- Plan for alternative service or referral
- Consider adding your program acceptance criteria
- Incorporate DEI Considerations (see supplement)



Awareness of the SSI eligibility criteria is key to identifying appropriate applicants for SOAR assistance. Using the SOAR tools: Identifying SOAR Applicants and the Sample SOAR Referral Tool will be helpful in your work.

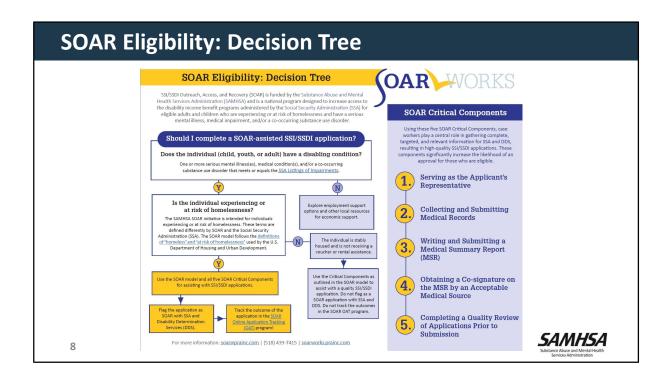
These tools are located in the SOAR Library: https://soarworks.samhsa.gov/content/library-home

Identifying Applicants: DEI Considerations



- Overarching questions for consideration
- Information to consider that may be linked to the applicant's racial, ethnic, or cultural identity

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Step-by-Step Guide



SOAR Tool: Steps to Completing an SSI/SSDI Application using the SOAR Model





Steps to Completing an SSI/SSDI Application using the SOAR Model

This guide will help you complete an SSI/SSDI application using the SOAR model. You have 60 days from the protective filing date to submit a complete application packet to the Social Security Administration (SSA). We encourage you to complete the process in less time as you are able.

- Documents needed to complete the process:

 SOAR Checklist for Initial Claims (used as cover sheet of application package)
- SOAR Checklist for Initial Claims (used as cover sheet of application pa SSA-3288: Consent for Release of Information (optional, see below)
 SOAR Medical Summary Report (MSR) Interview Guide and Template SSA-827: Authorization to Disclose Information to SSA Agency Release of Information
 SSA-16-96: Appointment of Representative
 SSA-8000: Application for Supplemental Security Income (SSI)
 SSA-16-8-Rejication for Scale Security Disability Insurance (SSDI)
 SSA-36-8-Rejication for Scale Security Disability Insurance (SSDI)

- If you need to verify whether the applicant has a pending SSI/SSDI application, complete and submit the SSA-3288 or call the local SSA office while with the applicant.

 The SSA-3288 can also be used to request records from SSA about prior SSI/SSDI applications.

 Sists applicant in setting a protective filing date (PF) by calling SSA to establish a date for an inperson or telephone interview, OR visiting a local SSA office without an appointment; OR initiating the Online Disablity Benefit Application as https://cscure.ssa.gov/Claind/dif. (recommended).

 Take note, you will need to indicate whether the applicant is with you.

 If you choose "I am helping someone who is not with me," do not proceed beyond the re-entry number page.

 If the applicant is with you, choose "I am applying for myself." The applicant will then be prompted to sign-in to, or create, the iri-my Social Security' account.

 Once the PFD is set, you have 60 days to submit the application packet to SSA.

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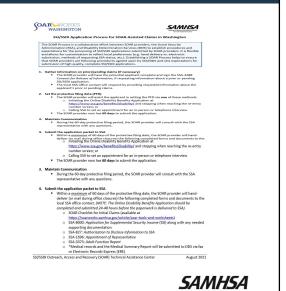
Local Lead Note: Step-by-Step Guide

- Review the SOAR Tool(s) mentioned here provided in Fundamental folders and in the SOARWorks website Library
- This is a very useful guide that will help you complete an SSI/SSDI application using the SOAR model.
- Each step will be discussed in greater detail on following slides.

Washington SOAR Process

 The SOAR Process is a collaborative effort between SOAR providers, the Social Security Administration (SSA), and Disability Determination Services (DDS) to establish procedures and expectations for the processing of SSI/SSDI applications submitted by SOAR providers.





1. Gather information on prior/pending claims

- The SOAR provider will have the potential applicant complete and sign the SSA-3288: Consent for Release of Information, if requesting information about a prior or pending SSI/SSDI application.
- The local SSA office contact will respond by providing requested information about the applicant's prior or pending claims.



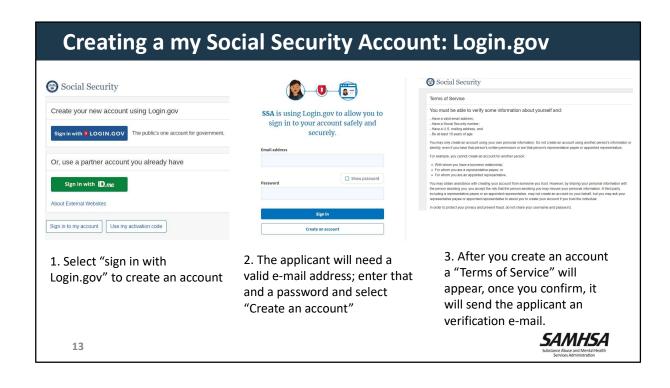


2. Set the protective filing date (PFD)

- The SOAR provider will assist the applicant in setting the PFD via one of these methods:
- Initiating the Online Disability Benefits Application at https://www.ssa.gov/benefits/disability/ and stopping when reaching the re-entry number screen; or
- Calling SSA to set an appointment for an in-person or telephone interview
- The SOAR provider now has 60 days to submit the application.

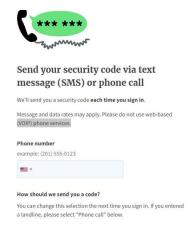


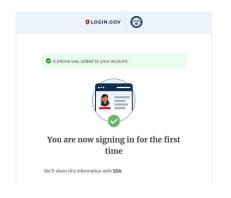




Creating a my Social Security Account

4. Once the e-mail address is verified, two-factor authentication is required (options include receiving a phone call, text, answering security questions, etc.)





5. Once verified, a my Social Security
Account has been created and the applicant
can set the PFD begin the online disability
application process!

SOAR Critical Component: Collecting Medical Records

- Gathering medical records prior to the submission of the application packet ensures that DDS receives complete information quickly and without duplication of effort
- Start the collection process early and work on other aspects of the application while you are waiting for records
- Building relationships with medical records departments will help you obtain records more quickly and sometimes free-of-charge



SOAR Tool: Sample Medical Records Tracking Worksheet



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Local Lead Note: SOAR Critical Component: Collecting Medical Records

- Review the SOAR Tool mentioned here provided in Fundamental folders and in SOARWorks website Library
- Be sure to discuss any processes that have been established in your community with local providers!
- For further information and tips:
 - https://soarworks.samhsa.gov/article/soar-key-component-collecting-medical-evidence
 - https://soarworks.samhsa.gov/article/creative-strategies-tracking-down-medical-evidence-soar-team-tips

| Request Letter | Agency Release | SSA-827 |
|--|--|--|
| Sample Medical Records Request Letter Re. DON: DON: DON: DON: DON: DON: DON: DON: | Authorization for Release of Information patentivident uses: the Mark Mark Mark Mark Mark Mark Mark Mark | AUTHORIZATION TO DISCUSSE MINISTER AUTHORIZATION TO THE SECOND SE |
| SOAR Tools: Sample SOAR Tools: Sample Release of Information | Special December 2015 Annual D | SCHOOL TOOLS THE ADMINISTRATION AND ADMINISTRATION |

Requesting Medical Records- The SSA 827

SOAR Key Component: Collecting Medical Evidence: Multi Agency Release: HIPAA compliant

- SOAR case managers play a central role in collecting medical evidence before submitting the complete application packet to SSA. In this way, when SSA completes its review for non-medical eligibility, DDS has the necessary information to make the disability determination.
- Remember the DDS examiner rarely meets the applicant and determinations are based solely on the medical evidence gathered.
- Various aspects of the SOAR Model (including how to collect medical evidence) must be negotiated on the local level with SSA, DDS, and community providers.

Obtain Releases for Medical Information

- Have the applicant sign two releases for each treating source.
- Applicants need to sign BOTH an SSA-827: Authorization to Disclose Information to the Social Security Administration AND your agency's release of information form for each treatment source; signing two releases enables the case manager to obtain the information and send it on to SSA

- See a sample agency release here in Class 2
- This "compound authorization" process complies with HIPAA regulations. (See http://soarworks.samhsa.gov/topics/medical-records-and-hipaa)

Online SSA-827

- Adults are now able to submit the SSA-827 electronically when filing the SSI/SSDI application online
- SOAR providers will still need the paper SSA-827 and their agency release signed so they can receive medical information to prepare for the application

Medical Records Request Tips:

- Send Releases to Medical Records Departments
- If acceptable, fax or hand deliver releases for medical information to providers
- Contact current and past providers to explain the critical importance of obtaining complete information
- Prepare "request packets" that include a cover letter and the two releases
- Confirm receipt of fax or delivery, if mailed
- Specify the type of information needed
- Ask what you can do to facilitate quick receipt of records
- A sample cover letter is available in the Library
- Utilize the SOAR tool: Medical Records Tracking Worksheet

Collecting Medical Records Discussion

- What you need:
 - Customized medical records request letter (one for each treatment provider)
 - Your agency's release of information (one for each provider)
 - A signed SSA-827 (one copy can be used for all treatment providers)
- What to use:
 - The Medical Records Tracking Worksheet
- What to develop:
 - A list of common treatment providers, include the point of contact for each provider, fax number, when you contacted them, follow up date
 - Share this with your SOAR community!

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Local Lead Note:

SOAR Critical Component: Serving as an Appointed Representative

- As the applicant's appointed representative, the SOAR provider can communicate with SSA and DDS about the applicant's file and will receive copies of all applicant communication from SSA/DDS
- Neither the appointed representative nor their agency is liable for decision(s) made by SSA or DDS
- This is NOT the same as the representative payee

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Local Lead Note: SOAR Critical Component: Serving as a Representative

- In the SOAR process, the case manager serves as the applicant's appointed representative and becomes the "go-to" person for SSA when the applicant is unavailable.
- Technically, an applicant can have more than one representative, but it is not recommended. The SOAR process stresses the importance of the case manager acting as the representative and the central point of contact.
- SSA has rules of professional conduct and responsibility for those who serve as representatives, and the agencies for which they work. http://www.ssa.gov/OP Home/cfr20/404/404-1740.htm

Changing, withdrawing and revoking a representative

- If a case manager is no longer able to work with an applicant, he/she can withdraw his/her representation.
- Applicants can also revoke the appointment and dismiss representatives from their case at any time during the application process.
- A signed and dated letter must be sent to SSA by whomever (representative or applicant) is requesting the withdrawal or revocation.
- Representation cannot be transferred, so If a new case manager is going to take over as representative, s/he and the applicant must sign a new SSA-1696 and submit it to the local SSA field office

SSA-1696: Appointment of Representative Updated version: August 2020 Structured in 8 sections for claimant and Claimant's Appointment of a Representative Section 1 - Claimant's Int representative to complete Most SOAR specialists will not have a Rep ID Section 1 and 4: Complete addresses are key Section 5: Affiliation Information: Leave blank Representative Certification: Initial at bottom Section 6: Check "Concurrent Title II and Title XVI Disability Benefits" Section 7: Check the last box: "I waive the right to a fee." Submit to SSA with the complete application packet.

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Provide basic guidelines for how to fill out this form and ask trainees if they have any questions.

The SSA-1696 can only be entered into SSA's system once

an application has been submitted.

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- **Note that the form had a major formatting update in 02/2020. Use of the form and general guidelines to complete remain the same.
- **Most SOAR specialists will not have an Appointed Representatives Rep ID because we do not charge applicants a fee for SOAR assistance Reference article in SOAR Online Course:

https://soarworks.samhsa.gov/article/establishing-representative-role-completing-form-ssa-1696

- Reminder: SOAR Key Component: Case Managers Serving as a Representative (Non-Attorney Representatives)
- Form SSA-1696: Appointment of Representative is used to establish the role as representative.
- In the SOAR process, the case manager serves as the applicant's appointed representative and becomes the "go-to" person for SSA when the applicant is unavailable.
- Provides case managers with authorization to help an applicant more effectively
- Case managers, SSA and DDS share a common goal to facilitate accurate and timely

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- disability determinations.
- People experiencing homelessness are often denied benefits because SSA requires more information, but is unable to reach the applicant.
- By serving as the applicant's representative, a case manager helps the individual develop and submit complete and accurate information, and also helps SSA and DDS obtain information needed for an appropriate determination.

Serving as representative helps applicants

- As a representative you are more than a contact person. This allows you to:
 - Receive copies of all notices sent to applicants
 - Communicate directly with SSA and DDS to provide additional information needed and obtain records from the applicant's files
 - If SSA denies the application, you may help the applicant to file an appeal

Cannot be submitted online Completed by an SSA claims specialist either at a field office on the phone If agreed upon in your community, SOAR provider cansubmit with the application packet — may avoid need for interview! Provided the phone of the pho

Local Lead Note: SSA-8000: Application for SSI

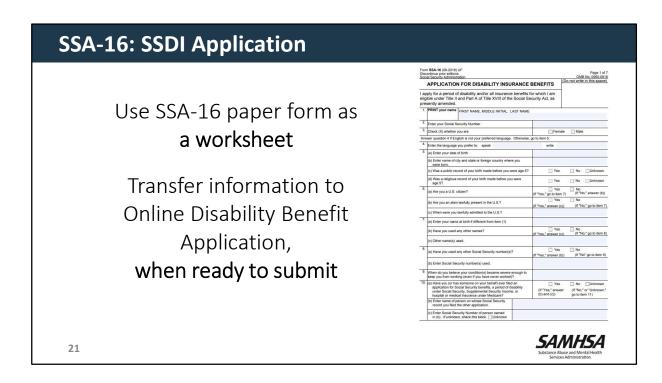
 For more information about completing this form, see: https://soarworks.samhsa.gov/article/ssa-8000-application-supplemental-security-income-ssi

If your local office requires an interview:

- Complete a completed paper version and bring to office or use to help prepare the applicant for their phone interview.
- At an in-person interview, it will save time when the form has been completed and necessary documentation has been prepared.

Benefits of Submitting a Paper Copy:

- Allows the applicant to tackle the information in smaller chunks of time.
- Applicants with active symptoms may find it difficult to complete the entire application in a single interview.
- Individuals may find it extremely difficult to leave their "spot" (such as a camp or park bench) or are extremely uncomfortable going to a government office.



Local Lead Note: SSA 16 SSDI Application

- If you have all the information, it should only take about 10 to 15 minutes to complete.
- For further details on completing the form: https://soarworks. samhsa.gov/article/ssa-16-application-social-security-disability-insurance-ssdi

SSA-16: SSDI Application

- For Title II (RSDI) Retirement, Survivors, and Disability Insurance applications (SSDI is part of RSDI)
- While SSA prefers online submissions, you can use the paper version of the form as a worksheet. *For the SOAR Online Course, you will complete this on paper.

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| SSA-3368: Adult Disability Report | | | | | |
|--|--|--|--|--|--|
| Use SSA-3368 paper form as a worksheet | Four BBA-3366-BK (11-2020) UP DIABASETY REPORT ADALY ADALY Committee of the committee of | | | | |
| Transfer information to Online Disability Benefit Application, when ready to submit | Alternate process and understand Enginery If you cannot fee as an understand Enginery If you will not not not you make the fee as an understand Enginery If you cannot fee as an understand Enginery If you will not not not you make the fee as an understand Enginery If you will not not not you make the fee as an understand Enginery If you cannot fee as an understand Enginery If you will not not not you make the fee as an understand Enginery If you will not not not you make the fee as an understand Enginery If you will not not not you make the feet of you will not you make the your will not you you will not you you will not you | | | | |
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SSA-3368: Adult Disability Application

- As with the SSA-16, when working with real applicants you will complete this online. However, for the SOAR Online Course you will complete and upload a paper version.

If trainees are having trouble locating records from four different providers, it can be helpful to point out where they can find this information in the course. For further guidance on completing this form, see: http://soarworks.samhsa.gov/article/ssa-3368-adult-disability-report.

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Online Disability Benefit Application

- Information collected corresponds to questions asked on SSA-16 and SSA-3368
- Four steps:
 - Provide Background Information (SSA-16)
 - Provide Disability Information (SSA-3368)
 - Sign Medical Release (e827 electronic version of SSA-827)
 - Confirmation (Provides "personalized cover sheet" to print)
- The applicant must be present when you are completing the online application as he/she must click continue/submit throughout the steps.

https://www.ssa.gov/disabilityonline

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Local Lead Note: Online Disability Benefits Application

- SOAR case managers use the paper versions of the SSA-16 and SSA-3368 as worksheets to gather information and transfer to the Online Application when ready to submit to SSA.
- If the paper forms are already complete, the online application should only take about 20 minutes to complete.
- If you set the PFD by initiating the Online Application, choose "Return to Saved Application Process" and log back in using the my Social Security account or provide the Re-Entry Number/Applicant SSN. Otherwise, choose "Start a New Application" and answer preliminary identification questions.

3. Maintain Communication

• During the 60-day protective filing period, the SOAR provider will consult with the SSA representative with any questions.





4. Submit the application packet to SSA

- Within a <u>maximum</u> of 60 days of the protective filing date, the SOAR provider will hand-deliver (or mail during office closures) the following completed forms and documents to the local SSA office contact. (NOTE: The Online Disability Benefits Application should be completed and submitted 24-48 hours before the paperwork is delivered to SSA).
 - SOAR Checklist for Initial Claims (available at https://soarworks.samhsa.gov/article/soar-tools-and-worksheets)
 - SSA-8000: Application for Supplemental Security Income (SSI) along with any needed supporting documentation
 - o SSA-827: Authorization to Disclose Information to SSA
 - o SSA-1696: Appointment of Representative
 - SSA-3373: Adult Function Report
 - *Medical records and the Medical Summary Report will be submitted to DDS via fax or Electronic Records Express (ERE)





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IMPORTANT: Service providers MUST be aware that missing the 60-day deadline will result in a termination of the protective filing period and a potential loss of benefits for the applicant. In this case, a new application would need to be initiated. Toward the end of the 60-day protective filing period, SSA may send a "close-out letter" alerting the applicant that the claim will be terminated if this deadline is missed. *This is a routine letter, not a notification of termination of the protective filing period.*

Electronic Records Express and Bar Code Faxing

Bar-Coded Cover Sheet

- DDS can generate a cover sheet with a barcode specific to the applicant's file
- Records that are faxed using the cover sheet are automatically converted to electronic format and delivered to the applicant's electronic file

Electronic Records Express (ERE)

- SSA has a free system called ERE that allows representatives to upload electronic medical records
 - Some records may be received electronically via encrypted e-mail or on a CD/DVD
 - When you receive paper records, you will need access to a scanner to convert them to electronic format
- ERE is state-specific, contact one of the following resources to learn more:
 - Your State/Local Leads and TA Center liaison
 - SSA ERE Site: http://www.ssa.gov/ere/
 - ERE Help Desk: 1-866-691-3061 or e-mail electronic-records-express@ssa.gov
 - State DDS Professional or Medical Relations Point of Contact Information.
 - https://www.ssa.gov/disability/professionals/procontacts.htm

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5. SSA Application Processing

- The SSA Claims Specialist will enter an electronic "HOMELESS" Flag for those cases that meet SSA's criteria for homeless cases. In addition, the SSA representative will select MESSAGE, and add "SOAR."
- SSA will mail the claim receipt to the SOAR provider who submitted the SSA-1696.

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SSA Homeless Coordinators Office Name Homeless Coordinator Telephone Number Email Address Seattle Regional Office Christine Vu 206-374-7359 Christine.vu@ssa.gov 866-574-2534 ext 14811 Mike Tselnik mike.tselnik@ssa.gov Bellingham Elizabeth Loehr 866-256-6069 ext 10301 elizabeth.loehr@ssa.gov Suyon Kim 866-964-7385 ext 26228 Suyon.Kim@ssa.gov Bonnie Holden 855-848-7944 ext 22902 bonnie.holden@ssa.gov 866-563-4595 ext 21446 lia.mezengie@ssa.gov Lia Mezengi Melissa Johansson 855-634-4202 ext 20812 melissa.johansson@ssa.gov Grays Harbor Mary Anne Tandoc 866-931-4491 ext 19036 Mary.Anne.Tandoc@ssa.gov Irina Beynon 866-495-0044 ext 20005 Franchesca Arriaza Franchesca.Arriaza@ssa.gov Afia Eneva 877-575-5197 x 16012 Afia.Eneva@ssa.gov 866-931-6149 ext 23411 jill.gordon@ssa.gov Mt. Vernon Iill Gordon Kelly M. Smith 866-807-1160 ext 20420 kelly.m.smith@ssa.gov Linda Milner 877-311-2641 ext 12520 linda.milner@ssa.gov Natalya Putnam 855-886-9629 ext 12917 natalya.putnam@ssa.gov Reilly Mcanama 866-494-3172 ext 15642 Reilly.McManama@ssa.gov Jill Wagner 866-931-2875 ext 13831 jill.wagner@ssa.gov Audra Packer 866-331-7088 ext 22443 Audra.Packer@ssa.gov 888-561-8959 ext 25603 Rachel.strasser@ssa.gov Rachel Strasser Oscar Gomez 866-269-6671 ext 11327 Oscar.Gomez@ssa.gov 866-605-8967 ext 20603 amanda.thulin@ssa.gov Amanda Thulin Maria Wilcox 866 366-7814 ext 22801 Maria.L.Wilcox@ssa.gov 877-663-3130 ext 28622 Angelica.Solorio@ssa.gov Angelica Solorio **SAMHSA** Brian Goodell 866-964-2541 ext 11603 <u>brian.goodell@ssa.gov</u> 28

6. DDS Application Processing

- Upon receipt at DDS, claims will be assigned to a DDS Adjudicator.
- The SOAR provider will contact DDS to request the DDS Adjudicator's name and contact information assigned to the claim.
- The SOAR provider will contact the DDS Adjudicator to request the bar-coded cover sheet for submitting records and to offer assistance, ensuring a rapid response to any additional questions or requests for information.





DDS Professional Relations

| Office | Name | Phone | Fax | Email |
|---------|----------------|------------|------------|------------------------|
| | | (360) 664- | (360) 586- | |
| Olympia | Jennifer Elsen | 7356 | 0851 | jennifer.elsen@ssa.gov |

^{*}Jennifer is the primary contact and will delegate to other offices and staff as necessary.



7. *Electronic Submission of Medical Records, SSA-3373, and MSR

- The SOAR provider will submit medical records, the SSA-3373 Adult Function Report, and the MSR to DDS, via one of these methods:
 - Electronic Records Express (ERE): http://www.ssa.gov/ere
 - SOAR providers will contact their Professional Relations Officer at DDS to sign up
 - Fax using the barcoded cover sheet available from the DDS Adjudicator
 - Records will be automatically converted to electronic format and delivered to the applicant's electronic file





VA Medical Records Access Protocol

- The DDS and the VA have an agreement for the electronic transfer of records.
- The DDS is able to obtain these records in a very short period and prefers to do so directly with the VA since these records are formatted to be compatible with the SSA's electronic claims system.
- It is helpful for the SOAR staff to be familiar with the content of the VA records and to clarify/amplify any relevant information in the medical summary report written by SOAR-trained staff.
- If the SOAR provider is not a part of the VA, when appropriate, he or she should collaborate with the appropriate VA staff for the submission of the VA records in accordance with the VA/DDS agreement.
- The SOAR provider should maintain regular and consistent communication with the DDS to assure that all applicant information is submitted in accordance with the VA agreement and the SOAR process.



DSHS SSI Facilitation and SOAR

- If an individual is homeless and working with a SOAR SP, the SP may contact the SSIF in the CSO to work in collaboration and assist the individual in applying for SSI/SSDI.
- The SSIF or SP will ask the applicant to sign a release of information so that the SP and SSIF can share information.
- The SOAR provider and SSIF should communicate throughout the application process.
- If the individual receives ABD cash benefits and applies for SSI, he or she will be asked to sign a reimbursement agreement (IARA) with the CSO. If approved for SSI, ABD benefits paid out during the time of SSI eligibility are reimbursed back to the State.
- To apply, go on-line to https://www.washingtonconnection.org/home/ or apply by phone at 1-877-501-2233 or in person (when the offices re-open) at any Community Services Office.
- DSHS CSD liaison for SOAR providers by Region:
 - Region 1 Darla Johnson, <u>darla.johnson@dshs.wa.gov</u>, 509-202-7065
 - Region 2 Rena Guadagnoli, <u>rena.guadagnoli@dshs.wa.gov</u>, 206-296-4158
 - Region 3 Marilyn Meldrich, <u>marilyn.meldrich@dshs.wa.gov</u>, 253-281-8930

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Washington SOAR Process Orientation Medical Summary Report Refresher

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Medical Summary Report (MSR)

- The MSR is a letter which describes the individual and his/her limitations in functioning
 - Supports medical records submitted
 - Provides a clear link between an applicant's conditions and functional limitations
 - Often takes place of the SSA-3373 Function Report
 - Is medical evidence when co-signed by an Acceptable Medical Source
 - Can be sent directly to the DDS examiner or hand delivered to SSA
- Answers the question: "Can the person work and earn SGA?"

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Local Lead Note: Medical Summary Report (MSR)

- The Medical Summary Report (MSR) is a letter written by the case manager and submitted as part of the SOAR application packet. The skills you practiced in writing functional descriptions will be put to use in your MSR letter. View sample MSRs here: https://soarworks.samhsa.gov/article/sample-medical-summary-reports
- In some states or specific Field Offices, SSA and DDS have agreed, as part of the SOAR Process, that the MSR can take the place of the SSA-3373: Function Report (found here: https://www.ssa.gov/forms/ssa-3373-bk.pdf)
- Even if the SSA-3373 is required, the MSR is included as part of the SOAR packet as additional evidence to support the claim. (For more information, read "About the Function Report: SSA-3373": https://soarworks.samhsa.gov/article/about-function-report-ssa-3373).

Reminder: SGA is Substantial Gainful Activity- \$1,350/month (2022) (2021: \$1,310)

Medical Summary Report Interview Guide and Template

- Tool for gathering information needed to write the MSR
- Open-ended questions
 - Tell me about ...
 - How often ...
 - When was the last time ...
- Questions about functional limitations
 - Context of questions SGA
 - Distinguish between access and ability
- Use the MSR Template to organize and write the MSR

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Local Lead Note: Medical Summary Report Interview Guide

- As you utilize the MSR Interview Guide to ask questions, you can record answers in the MSR Template.
- SOAR-trained providers are able to gather a thorough history in a respectful manner, which in turn helps DDS understand the impact and duration of a person's impairment and the effect of their illness(es) on work ability and functioning.
- How questions are asked can be critical to obtaining the appropriate information. The interviewing process can also uncover sensitive topics like past and current trauma that need to be approached with care

Interviewers who feel uncomfortable or ill-equipped to explore certain topics should not do so.

• Instead, they should seek assistance from someone who is more clinically skilled, more able to assess responses, and more confident in ensuring that the person feels safe from self-harm and/or emotional distress when the interview ends.

How Do I Ask?

- Your challenge is to gather the greatest amount of information while remaining respectful and compassionate.
- Remember to talk with the person about their strengths and their struggles
- Keep your questions simple and direct without being judgmental
- Consider using the sample questions throughout the MSR Interview Guide
- Make note of the person's non-verbal as well as verbal responses

Open-ended Questions

• Open-ended questions encourage responses that are descriptive and rich with information.

Trauma-Informed Interviewing

- Be sensitive to influences that affect a person's willingness and ability to provide information.
- Be appropriately responsive to how information shared by the applicant impacts you.
 - Consider how a potential applicant's racial, ethnic, and cultural backgrounds may impact their perceptions regarding their disabilities, diagnoses, symptoms, and treatment
 - Be mindful of how this may impact your opinions/feelings/attitudes towards the client's functioning.
- How a question is asked is as important as asking the question.
 - Be sensitive and respectful with your approach
 - Is it possible to get the information without having to ask the applicant?
- Overarching questions:
 - Does asking this information help provide insight into the applicant's functioning?
 - Is the question being asked in a way that conveys a sense of care and non-judgement?



Medical Summary Report: DEI Considerations

- Reducing implicit bias
 - Race
 - Gender
 - Sexual orientation
- Legal History
- History of Trauma



IDI Outrearh Arness and Renovery (SOAR) Technical Assistance Center March 2021



Tips for Writing

- Collect medical records after releases of information are signed
- Go through medical records and organize in chronological order
- Set aside blocks of time to begin writing the report with no interruptions
- Sit down with all information -- medical records, intake packet, completed MSR Interview Guide (personal, medical, employment and substance use history) and any current mental status exams

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Local Lead Note: Tips for Writing

- If you are a local lead who has written MSRs, share your personal tips.
- Also, solicit tips from participants who may have experience writing MSRs.
- Remind participants that the SOAR website provides sample MSRs (https://soarworks.samhsa.gov/article/sample-medical-summary-reports)
- Remind participants to ask a colleague, SOAR TA Center liaison, or you, to review DRAFT MSR for feedback. (Personally identifiable information must be removed prior to review)

Components of the MSR

- Reference Section
- Introduction
- Personal History (Personal, Educational, Legal)
- Occupational History
- Substance Use History
- Physical Health History
- Psychiatric History
- Functional Information
- Summary
- Contact Information

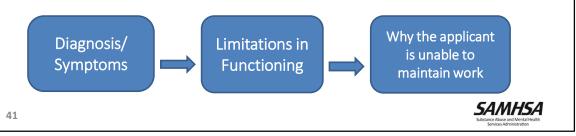
Tips on what to include for each component is provided on the following slides!



^{**}You'll review each of these sections on the following slides.

Information about Functional Limitations

- Address all four areas of mental functioning
- Discuss any effects or side effects of medication
- Describe any supports the applicant receives and compare with lack of support



Local Lead Note: Information about Functional Limitations Writing a Functional Description

A functional description illustrates the impact of illness(es) on an individual's ability to work. A good functional description:

- Provides a clear picture of the person and his/her life, helping the DDS examiner "see" the person
- Is very descriptive and specific
- Clearly describes how medical/psychiatric symptoms are linked to a person's ability to function
- Example: "Jane cannot cook" simply states her inability. "Jane forgot that she put rice to boil on the stove and it started a kitchen fire," describes the inability and how dramatic the consequences can be.

Writing Style: It is important to write clearly and simply.

- Avoid using jargon or acronyms the DDS examiner may or may not have a medical background or know the service system in your community
- If your Uncle John were to read it, would he be able to understand it?
- Focus on a person's life "struggles" or "challenges" rather than "weaknesses"
- Use quotes from the person; they can illustrate your point very powerfully
- Use detailed descriptions of your interactions with the applicant
- Evoke the senses to better create a picture of the person

Support and Lack of Support

- Someone may appear to function well but has a robust support system making this possible.
- Ask questions that help you assess how the person functions without supports
- Describe the supports Who assists and how? What do they help the person do?

Areas of Mental Functioning

- Understand, remember, or apply information
 - Memory, following instructions, solving problems, etc.
- Interact with others
 - Getting along with others, anger, avoidance, etc.
- Concentrate, persist, or maintain pace
 - Task completion, focusing on details, distractibility at work, etc.
- Adapt or manage oneself
 - Hygiene, responding to change, setting realistic goals, etc.

Activities of Daily Living will be considered throughout all areas!



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Local Lead Note: Areas of Mental Functioning (These were updated in January 2017).

• For all of these areas, DDS is evaluating the applicant's ability to function on an <u>independent</u>, appropriate, effective, and sustained basis.

Understand, remember, or apply information

- Ability to learn, recall, and use information to perform work activities.
- DDS will consider an applicant's ability to learn new information, ask questions, perform multistep tasks, and identify and correct mistakes.
- **SOAR Tip:** Remember that it can be difficult for many of us to recall exact dates of employment or names of doctors visited years or decades ago. It is important to focus on the struggles with memory and understanding that impact the applicant's ability to learn new tasks and apply them at work.

Interact with others

- Ability to relate to and work with supervisors, co-workers, and the public, such as family members, friends, neighbors, grocery clerks, landlords, or bus drivers.
- Interaction with others in work situations may involve communication with the public, responding appropriately to persons in authority (e.g., supervisors), or cooperative behaviors involving coworkers.
- SOAR Tip: Impairments in this area may include a history of altercations, evictions, firings, fear
 of strangers, avoidance of interpersonal relationships, or social isolation.

^{**}These notes are in the "mental disorders listings update" too – if you've already covered it there, no need to repeat in this section.

hygiene; responding to changes at work or home; and setting realistic goals.

ADLs (Activities of Daily Living) and Episodes of Decompensation

- Beginning in January 2017, these are no longer considered as separate areas of mental functioning. Instead, information about ADLs and Decompensation will be considered throughout all areas of functioning.
- This article in the SOAR Online Course has numerous examples about integrating information about ADLs: https://soarworks.samhsa.gov/article/integrating-adls

Functional Descriptions

Important things to remember when writing functional descriptions:

- Address all four areas of mental functioning
- Provide at least 1-2 good paragraphs of information for each area of functioning
- Provide context for the applicant's functional limitations
- Use quotes and examples
- Remember that the functional information is 50% of the disability criteria!



Writing Effective Functional Descriptions- Mike

Ineffective Functional Description

Due to his diagnoses, Mike has a hard time concentrating, persisting and maintaining pace. He doesn't like to be around people and speaks slowly.

Effective Functional Description

Due to the symptoms of his illness, I found that Mr. Byrnes could only concentrate on the task at hand for about 15 minutes. After that he would start to complain of having a headache and he would ask me to go away. Mr. Byrnes often has difficulty following conversations. This appears to be due to listening to internal voices. His thinking is often disorganized, he is easily confused, and he makes inappropriate responses to questions. For example, when asked about any continuing friendships with Army buddies other than Mr. Allen, he responded by whispering about the number of cameras and listening devices that have been installed in all public places.

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Writing Effective Functional Descriptions- Collette

Ineffective Functional Description

When Collette is homeless she doesn't have access to a shower. She isn't able to take care of her kids and she doesn't sleep.

Effective Functional Description

When I asked Ms. Rose why she doesn't take advantage of hers sister's offers she replied, "You know, I always lay in bed dreading getting up and Steph is always nagging me – wash your face, comb your hair, take a shower, you'll feel better. You know, it is my experience that looking and smelling good just brings you more attention and I really don't have the energy for that." When I asked Ms. Montaine if Ms. Rose helps with laundry or cleaning, she laughed and replied that she really doesn't think her sister knows how to do those things. Ms. Montaine states, "I really want her to be able to see Layla, but I'm not sure she is capable of taking care of herself, never mind a child."



MSR Samples and Support

Anxiety and obsessive-compulsive disorders

Sample including anxiety and depression

Depressive, bipolar, and related disorders

Sample including Bipolar Disorder
Sample including Bipolar Disorder (youth)

Schizophrenia spectrum and other psychotic disorders

Sample including Schizophrenia

Sample including Schizoaffective Disorder

Personality and impulse-control disorders

Sample including Personality Disorder

Sample including Avoidant Personality Disorder and Depression

Neurodevelopmental disorders

Sample including Borderline Intellectual Functioning

Trauma- and stressor-related disorders

Sample including PTSD and anxiety Sample including PTSD (youth)

Reapplication for benefits after incarceration

Sample for Reapplication

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Visit the SOAR website for MSR samples

The SAMHSA SOAR TA Center will review redacted MSR letters and provide feedback upon request



Local Lead Note:

- MSR Samples
 - Link provided in Class 5, Article 9
 - Can also access via Library and Tools: Sample Medical Summary Reports
 - All written by SOAR Case Managers, and successful outcomes!
- SOAR Team Tips
 - Class 5, Article 10

Worth the Effort

- The overall process of applying for benefits is time-consuming
- Putting forth the initial effort for an earlier, more successful outcome may seem difficult, but it is worth the effort!
- Programs with higher outcomes submit Medical Summary Reports

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Local Lead Note: Worth the Effort

- Take the temperature of the room how do trainees feel about the MSR?
- Hopefully, participants will feel more comfortable and confident about writing MSRs
- Remind participants that there is a lot of support to assist with organizing and writing MSRs.
- Consider reviewing online course feedback on MSR. If you notice trends in a particular section of MSR, tailor training to cover particular areas of concern.

8. Submit SOAR Outcomes in OAT

 Report the outcome of the application in the SOAR Online Application Tracking (OAT) program:

https://soartrack.samhsa.gov/login.php



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SAMHSA



Washington SOAR Process Orientation Online Application Tracking



Why track outcomes?

- Recognition for the hard work you're putting into the applications
- Boost your community and state's outcomes
- Run reports to see the impact your work is having on the community
- Stronger outcomes result in additional funding

SAMHSA Substance Abuse and Mental Health

Online Application Tracking (OAT)

- A web-based program that allows case workers to keep track of their outcomes
 - Free
 - Easy to use
 - Accessible from any web browser
 - Nothing to download
- On a secure server
- HIPAA compliant
 - No personal identifying information is collected https://soartrack.samhsa.gov



Online Application Tracking

Outcomes in OAT

- Outcomes for initial applications and appeals
 - Approval rates
 - Time to decision
 - Critical components
- Optional outcomes
 - Housing
 - Employment
 - Medicaid and other public benefit reimbursements





Applicant Identification (ID)

- No personally identifiable information
- Alpha-numeric ID
 - 2 letters
 - 2 numbers
 - 2 letters
 - 4 numbers
- New Applicants

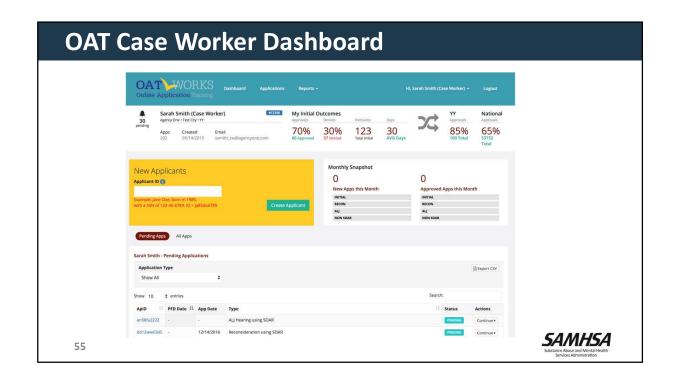
 Applicant ID

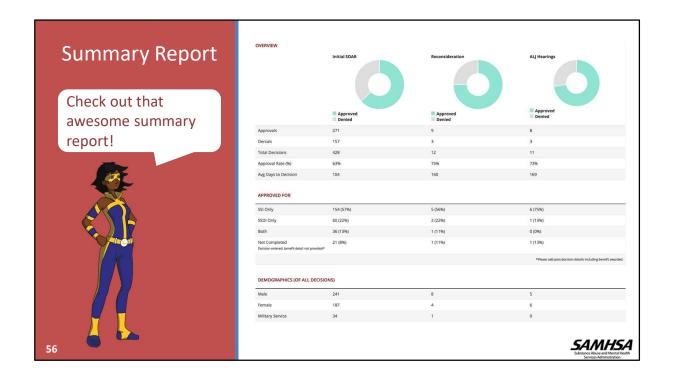
 Required Format: two letters, two numbers, two letters, four numbers Example: aa11bb2222

 Create Applicant

• Case workers should record Applicant ID in the case file for cross reference







SAMHSA SOAR TA Center 56



Washington SOAR Process Orientation Now What?



Next Steps

- Get started on your first application
- Reach out to your colleagues, local leads and the SAMHSA SOAR TA Center for assistance
- Keep in close communication with your SSA and DDS representatives
- Attend local SOAR steering committee meetings
- Track your outcomes in OAT





Question & Answer

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